



## Welcome to Barclays MoonTrekker 2023

Even if you have raced Barclays MoonTrekker before, please make sure you take the time to be familiar with the points below (as there are some updates). This will help us to ensure you have the best experience possible.

Please arrive no later than 30 mins before your race start. Participants purchasing last-minute supplies near the ferry should do this before heading to the start-line (allow 10 minutes from walking time from the ferry pier). There are a few restaurants locally if you arrive early.

### Race Start

The start-line is at the Mui Wo football pitch, Ngan Shu Street – next to the public swimming pool. This year, we are required to have staggered starts.

**Sunrise 40 - all categories:**

Race starts at 8.15pm.

**Moonlit 30 - solo category only:**

Race starts at 10.20pm.

**Moonlit 30 - all other categories:**

Race starts at 10.45pm.

**Intro 18 - all:**

Race starts at 11.00pm.

### Water

We **will not** distribute any cups/bottles; therefore, you **must** bring your **own container to receive water/other drinks**. Water is not provided at the start-line. Water and bananas are available at all checkpoints. Make sure you start with enough water. For the Sunrise 40, there will be no water stops for the first 18km. We will only provide pre-mixed sports drinks for the front runners (you have all been given an Aquarius sachet).

Do not cut/fold/bend your bib as it contains your race timing chip, which may get damaged (and not record your times). We cannot replace lost bibs.

### Check Points

Please note closing times below. Participants arriving after this time will be withdrawn from the race.

Checkpoint 1	Checkpoint 2	Checkpoint 3	Checkpoint 4	Finish Line
1.00am	2.00am	4.15am	5.45am	9.30am

### Ferries

(Central pier 6)

*\*This year, we are only able to secure 1 additional ferry sailing, therefore, please help us - and adhere to the times below. The ferries will all be at full capacity, if possible, we strongly recommend coming to Lantau earlier (have dinner etc) or via Tung Chung. Please arrive 15 minutes prior to ferry departure time.*

**Early arrivals**

5.40pm (slow).

**Sunrise 40 all categories:**

6.30pm (slow).

**Moonlit 30 solos only:**

8pm (slow).

**Moonlit 30 all other categories:**

9pm (special MoonTrekker additional sailing).

**Intro 18:**

9.20pm OR 10pm (fast).

### Baggage limit (4kg)

As we will have over 6,500KG of bags to organize, we are STRICTLY enforcing a \$100 fee for **ANY** bags over 4kg. We **CANNOT** accept laptops, suitcases, briefcases, handbags, etc. Bag drop service is designed to allow each runner to have a change of clothes – not valuables and we cannot take responsibility for any losses or damage whatsoever. The packs will not be in a secure place, may get tossed around, and may get wet if it rains (it is recommended to place contents inside a plastic/waterproof bag inside the main bag). Please help the volunteers by adhering to the above.

### Transport

A MoonTrekker shuttle bus service will be running from the finish line (starting from 1am) to Tung Chung MTR station every 30 - 40 minutes until approximately 9:00am. If you leave the race early, you will need to make your own way home. Lantau bus routes A35 and N35 run an infrequent night bus service. Day buses resume their schedule at 6:00am with regular buses to Tung Chung and Mui Wo. The taxi service number, 2984 1368, is also printed on your bib.

**Noise** Please be respectful and keep quiet around any residential areas and remind fellow participants to do the same – especially on the road around the finish area in Cheung Sha. Remember that others are sleeping! Noise complaints are taken very seriously by the government - we have had to change our route in the past due to a single noise complaint.

**Course** It is your responsibility to be familiar with the route, or hike with someone who is. We will place markings along the trail, however these can be moved (maliciously) or otherwise. Please visit our website for the updated map and GPX files.

**Help, Emergencies** The '999' emergency services should be used for **genuine emergencies only**. MoonTrekker is supported by professional fixed and roaming first aid teams. Their number is on your bib.

**Safety** Your safety is our top priority. Therefore, any participant identified running on the road (including at the start area) will be **immediately disqualified**. When crossing the road, you must cross directly. We have instructed marshals to record bib numbers of any infringements – no exceptions. Sorry, but we want you home in one piece.

**Cancellation** Due to logistical constraints (backup date permits/finish-line venue/vendor availability etc) we will not be able to postpone the event this year. If the event is canceled prior to the race date, we will refund all participants 50% of their race registration fees. Please see the MoonTrekker website for more details. We hope this does not happen and ask for your support with any eventuality.

**The Nature Conservancy** 100% of all sponsorship raised by participants is collected directly/via Simply Giving by our official charity: **The Nature Conservancy**. We encourage you to donate additional funds up until race night or beyond. There are hotel rooms and spa memberships at the Rosewood Hotel to be won for top fundraisers.

**Finish Line** We will be providing food and drink at the finish line. Some options may not be available for later arrivals.

**Rubbish & Recycling** We are separating cans, food waste and general waste. Please help us to crush cans, place litter in the correct bins and clear up your litter, especially when you have finished eating and drinking.

We hope that you have enjoyed training for Barclays MoonTrekker. It is your responsibility to be adequately prepared, know the route, and appropriately equipped for the event. Please see our website for recommended items to bring and other FAQs. We have partnered with equipment vendors offering discounts on most items you will need – please support the MoonTrekker sponsors.

**Barclays MoonTrekker** remains one of Hong Kong's most exciting racing fixtures and to date has raised over HK\$16,000,000 for children's literacy, education and environmental sustainability. We would like to thank you, our sponsors, partners and our volunteers who have helped to make this possible.

We welcome all feedback to [registration@moontrekker.com](mailto:registration@moontrekker.com)

Best of luck in beating the sun, and most importantly, let's have some fun for our first full edition since 2019!



**William Sargent**, Race Director  
Barclays MoonTrekker